# Yamunashtakam



In V.S. 1548 at the age of 13 years, Shree Mahaprabhuji arrived in Mathura during his first global tour; he resided at Vishram Ghat on the bank of Yamuna River. At this time, he form Shree Yamunastakam which describes Shree Yamunaji's divine description in "Pruthvi Chhand."

In Yamunastakam's first eight shlokas, Shree Mahaprabhuji describes Shree Yamunaji's eight-fold powers, its divine & wonderful idol and her divine qualities. Shree Yamunaji is the daughter of divine Sun. Her purpose for coming to earth from heaven through Kalinda mountain is to bless her devotees. Her physical state as a river is also very attractive and charming. She is so kind that even she blessed evil spirited people. Shree Yamunaji blessed her devotees with eight-fold powers. If some evil person drinks water from Yamuna River to quench thirst, she blessed that person also. So, if we pray her with knowledge and understanding, we should not be surprised if she blessed us also. One of the examples from Shree Mahaprabhuji's 84 Vaishnavas, is of Kishoribai. Kishoribai was chanting only two lines from Yamunastakam with full faith. Shree Yamunaji blessed Kishoribai with all divine fruits.

#### Namami Yamuna maham, sakal siddhi haytum muda, Murari padapankaja sfuradamand, renutkatam,

I bow down to the great Yamunaji, who is capable of granting amazing boons! Your banks are full of soft sand, touched by the lotus feet of Murari.

#### Tatastha nav kanana, prakata mauda pushpambuna, SuraAsursu pujita, Smara pitu Shreeyam-bebhrateem. 1

Flowers from forests and groves on its banks fall in Shree Yamunaji's waters and make them fragrant. Even gods and demons worship you. You are as wonderful as Shree Krushna, father of the God-of-Love. 1

### Kalind girimastake, pata damanda purojjwala, Vilas gamanollasat, prakatgand shailonnata,

The headwaters of Shree Yamunaji seem to enjoy their journey across the mount Kalind as they rush, swirl and cascade from its summit (in the Himalayas).

### Sagoshagantidantura, samadhirudha dolottama, Mukund rati vardhinee, jayati Padma-bandho suta. 2

Noisome and fast, the waters of the young river seem to 'swing' between the boulders of the mountain. Oh daughter of the Sun, (Shree Yamunaji), bless us with ever increasing love for Lord Mukund. 2

### Bhuvam Bhuvana Pawaneem, Adhigatamane Kashwanaihi, Priyabhiriva Sevateam, Shuka Mayur Hansadibhihi,

Serenaded by parrots, peacocks and swans, Shree Yamunaji sanctifies all the regions she passes through.

#### Tarang Bhuj Kankana, Prakat muktikavaluka, Nitambtat Sundareem, Namat Krushna Turya Priyam.

I bow to the fourth wife of Shree Krushna whose beautiful waves sparkle like bangle studded with pearls. The curvaceous banks of the river look like Shree Yamunaji's hips. 3

#### Anant gunabhushete, Shiv Viranchi devastute, Ghanaghan nibhe sada, Dhruva Parasharaa bhishtade,

Endowed with countless virtues, Shree Yamunaji is praised by Shiva, Brahma and other divine beings. Shree Yamunaji's hue is as dark as clouds laden with rain and her blessings are sought by sages such as Druva and Parashara.

#### Vishuddha Mathura tate, sakala gopagopi vrute, Krupa jaladhi sanShreete, mama manha sukham bhavayah. 4

Your banks are studded with sacred pilgrimage sites, such as Mathura, and are populated by gopas and gopies. As you are the beloved of the ever-gracious Shree Krushna, please bless me with joy and peace. 4

#### Yaya charan Padmajaa, Muraripo priyam bhavuka, Samaagamanto bhavet, sakala siddhida sevatam,

Only by merging with you has the sacred river Gangaji become the beloved of Murari and is able to grant the wishes of her devotees.

#### Taya ssadrushtamiyat, Kamalajas-patnee vayat, Hari priya Kalindaya, mansi me sada stheyatam. 5

By virtue of her marriage to Shree Krushna, only Shree Lakshmiji is as fortunate as you. Oh Kalindi, beloved of Shree Hari, please reside in my heart and mind forever. 5

#### Namostu Yamune sada, tav charitra madyadbhutam, Na jatu yama-yatana bhavati te payah-panata,

Yamunaji, due to your wonderful character, I will always bow down to you. Yama, the god of death, does not harass those who have drunk your waters.

### Yamopi bhaginee sutan, kathamuhanti dushtanpi, Priyobhavati sevanaat, tav Hareryatha gopika. 6

By virtue of drinking your water, we have become your children and as you are the younger sister of Yama, we are now his nephews and nieces! As we all know, out of love for their sister, no brother ever hurts his nephews and nieces, no matter how wicked they may be! To win the love of Shree Hari, we also worship you like the gopies of yore.

#### Mamastu tav sannidhau, tanu navatva metavata, Na durlabhatama rati, Muraripau Mukundapriye,

Shree Yamunaji, beloved of Shree Mukunda, only through close association with you will I get a divine body worthy of seva and love of Shree Krushna.

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### Atostu tav lalna, Suradhune param sangamaat, Tavaiv bhuvi kirtita, na tu kadapi pushti sthitai. 7

We sing your praises, because only by merging with you, and through your grace, has Shree Gangaji become praiseworthy in the world. 7

#### Stutim tava karoti kha, Kmalajasepatni priyae, Hareryadanusevaya, bhavati sokhyamamokshatah,

Who is capable of praising you Shree Yamunaji, beloved co-wife of Shree Lakshmiji! Doing the seva of Shree Hari is more desirable than Moksha (liberation from cycle of birth and death).

#### Iyam tav kathadhika sakalgopika-sangana, Smar-shrama-jalanubhi sakal-gatrajaiih sangamah. 8

Your sacredness is enhanced by the fact that after the Rasalila, Shree Krushna and the gopies bathed in your waters to cool themselves down. The sweat of their divine lila mingled with your waters, enhancing your holy powers for all time to come. 8

#### Tav-ashtakam-midam muda, pathati Surasute sada, Samasta duritakshayo, bhavati vai Mukunde rati,

Those who happily sing this hymn of eight stanzas of the daughter of the Sun God (Shree Yamunaji) will be blessed with love for Shree Mukund and have all their sins removed.

#### Taya sakala siddhayo, Muraripushya santushyati, Svabhava vijayo bhavet, vadati Vallabha ShreeHareh. 9

They will also be blessed with success in all matters (spiritual and material) and Shree Murari will fulfil all their wishes. Shree Vallabh, says the devotees of Shree Hari also conquer one's own true nature. 9

#### **Meaning of names**

CharanPadmaja – Shree Ganga, She who sprang from the lotus feet of Shree Hari

- Hari God Vishnu from the Hindu Trinity
- Kalind Mountain in the Himalayas. Yamunotri glacier is above this mountain.
- Kalindaya –She is born of Kalind (the mountain)
- Kamalja –Shree Lakshmiji who is born of the Lotus
- Krushna He who attracts
- Mukund One who is capable of granting moksha
- Murari Shree Krushna as the enemy of the demon Mura.

**Padmabandho** – Friend of the lotuses (Sun)

Shiva – God Shiva from the Hindu trinity

Shree – unisex honorific title, Goddess Lakshmi

Viranchi – God Brahma from the Hindu trinity

Yama – God of death, brother of Shree Yamunaji, son of the Sun god

Yamuna – Goddess who introduced Shree Vallabh to Shree Krushna, younger sister of Yama, daughter of the Sun god, beloved of Shree Krushna, the sacred river that flows past Delhi & Mathura and merges with Ganges at Prayag to form the Ganga Yamuna daub in North India

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## Mangla Aarti



aarti Shreenathji ni mangla kari prabhu mangla kari shanhk vagya ne nathji jagya, shanhk vagya ne nathji jagya uttaval kari, prabhu uttaval kari, aarti Shreenathji ni mangla kari, prabhu mangla kari

vastra angikaar karya, jhariji bharya, prabhu jhariji bharya aarti Shreenathji ni mangla kari prabhu mangla kari

mathe mugat, kaane kundal, bansari dhari, prabhu hirle jadi aarti Shreenathji ni mangla kari prabhu mangla kari

nami nami ne paye laagu, charan ma pade, prabhu charan ma pade aarti Shreenathji ni mangla kari prabhu mangla kari

das jani ne darshan deejo, yachna karu, prabu yachna karu aarti Shreenathji ni mangla kari prabhu mangla kari

## **Yogic Prayers**

ॐ सह नाववतु । सह नौ भुनक्तु । सह वीर्यं करवावहै । तेजस्वि नावधीतमस्तु मा विद्विषावहै । ॐ शान्तिः शान्तिः शान्तिः ॥

Om Saha Naav[au]-Avatu | Saha Nau Bhunaktu | Saha Viiryam Karavaavahai | Tejasvi Naav[au]-Adhiitam-Astu Maa Vidvissaavahai | Om Shaantih Shaantih Shaantih ||

#### Meaning:

Om, Together may we two Move (in our Studies, the Teacher and the Student),
2: Together may we two Relish (our Studies, the Teacher and the Student),
3: Together may we perform (our Studies) with Vigour (with deep Concentration),
4: May what has been Studied by us be filled with the Brilliance (of Understanding, leading to Knowledge); May it Not give rise to Hostility (due to lack of Understanding),
5: Om Peace, Peace, Peace.

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ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥ ॐ शान्तिः शान्तिः शान्तिः ॥

Om Puurnnam-Adah Puurnnam-Idam Puurnnaat-Puurnnam-Udacyate | Puurnnasya Puurnnam-Aadaaya Puurnnam-Eva-Avashissyate || Om Shaantih Shaantih Shaantih ||

#### Meaning:

 Om, That (Outer World) is Purna (Full with Divine Consciousness); This (Inner World) is also Purna (Full with Divine Consciousness); From Purna is manifested Purna (From the Fullness of Divine Consciousness the World is manifested),
Taking Purna from Purna, Purna indeed remains (Because Divine Consciousness is Non-Dual and Infinite),
Om, Peace, Peace, Peace.

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### Vasudeva Sutam Devam



# वसुदेवसुतं देवं कंसचाणूरमर्दनम् । देवकी परमानन्दं कृष्णं वंदे जगद्गुरुम् ।।

vasudēva sutam dēvam kamsa chāņūra mardanam l dēvakī paramānandam kṛṣṇam vandē jagadgurum l

### Pratah-smaran



Shree GoveradhanaNath paada yugalam, Haiyamgavina Priyam / Nityam Shree Mathuradhipam sukhakaram, Shree Vitthalesham muda // Shreemad Dwaravatisha Gokulapati, Shree Gokulendum vibhum / Shreeman Manmathmohanam Natawaram, Shree Balkrushnam bhaje //

Let me always worship the bliss-bestowing lotus feet of Shreenathji; Shree Navnit Priyaji who relishes fresh butter, Shree Mathuradhishji who is a constant source of joy, and Shree Vitthalnathji. Shree Dwarikadhishji, Shree Gokulnathji and Shree GokulChadramaji are also worthy of worship, as is Shree MadanMohanji who charms even the god of love - Manmatha and let me forever sing the praises of our Lord Shree Natavarlalji and Shree Balkrishnaji.

Shreemad Vallabh Vithalau Giridharam, Govindrayabhidham | Shreemad BalakaKrushna Gokulapatim, NathamRaghu namtatha || Evam Shree Yadunayakam kila Ghan,Shyamam cha taad vanshajam | Kalindim Sva Gurum Girim Guruvibhun, Sviya Prabhu naschasmaret ||

Let us bring before our mind's eye the swarup of Shree Mahaprabhuji, Shree Gusaiji, Shree Giridharji, Shree Govindrayji, Shree Balkrishnaji, Shree Gokulnathji, Shree Raghunathji, Shree Ghanshayamji, who are the progeny of our Shree Vallabh. ShreeYamunaji, Shree Gurudev (our spiritual guide), Shree Girirajji, the Thakorji of our Gurdev and our own Tharkorji.

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### Manglacharan



Chinta santan hantaro, yatpadambujrenavah., swiyanam tannijacharyan pranmami muhurmuhu..!1!

Even the dust particles from the lotus feet of Shree Mahaprabhuji destroy all the worries of his followers. Such is my Gurudev, Shree Mahaprabhuji, before whom I prostrate repeatedly.

yadnugrahato jantuhu, sarvdukhatigo bhavet..

tamahm sarvda vande, Shreemad vallabhnandanm...!2!

I always prostrate before Shree Vitthalnathji (Shree Gusainji), the illustrious son of Shree Mahaprabhuji, by whose grace, all living things are relieved of all kinds of miseries.

> Agyantimirandhasya,gyananjalshalakya... chakshurunmilitam yen, tasmai Shree guruve namah..!3!

Let us bow down to our Gurudev, who has brightened our eyes, blinded by the darkness of ignorance, by applying the collyrium of knowledge.

namami hradaye sheshe,lilakshirabdhi shayinam... .lakshmi sahastra lilabhihi, sevymanam kalanidhim...!4!

I prostrate before Lord Krishna, who is reclining upon the Shesh Nag like heart of Shree Mahaprabhuji in an ocean of devine and served by countless Laxmi-like devotees.

> Chaturbhishcha, chaturbhishcha, chaturbhishcha tribhistatha., shadbhirvirajte yosou, panchdha hradaye mam......!5!

The tenth canto of Shreemad Bhagvat is divided into five chapters by Shree Mahaprabhuji and here Shree Mahaprabhuji prostrates himself before Lord Krishna that resides in his heart in those five forms.

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## Ashray Pada



|| Ashray-Pad || || The Statement of Faith ||

Dhradh In Charanan Kero Bharonso Dhradh In Charanan Kero

ShriVallabh Nakh Chandra Chhataa Bin Sab Jag Maanz Andhero

Saadhan Aur Nahi Yaa Kali Mein Jaa So Hoy Nibero

'Sur' Kahaa Kahe Dvi-Vidh Aandharo Binaa Mol Ko Chero

I have an unwavering and absolute faith in my Spiritual Guru Shree Vallabh without whose presence, total darkness (of ignorance) would prevail in the world.

In this darkest of the times (Kali-Yug) what other means we have but an unwavering and absolute faith in Him.

I, "Surdas", state that I am blind in two ways. I am blind as I cannot see the world And I am blind as I cannot see any difference between Shreenathji, the God and Shree Vallabh, the Guru. I offer my unconditional servitude to Them.